

# Caregiver Support Group

To enhance the lives of individuals with Alzheimer's disease and other dementias.



The Alzheimer's Association's caregiver support groups are designed to provide emotional, educational, and social support for caregivers through regularly scheduled meetings. They help participants to develop methods and skills to solve problems. The groups encourage caregivers to maintain their own personal, physical, and emotional health, as well as optimally care for person with dementia.

3<sup>rd</sup> Wednesday of each month

6:00 pm - 7:00 pm

Temple Emanu-El  
1580 Spalding Drive  
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